

FREE
ADMISSION

HERALD



SENIOR HEALTH & BEYOND EXPO

ENHANCE YOUR HEALTH & LIFESTYLE



Every attendee receives a
Senior Savings
Coupon Booklet!

THURSDAY

AUGUST 8, 2019

10:00AM - 1:00PM

Merrick Jewish Centre

225 Fox Boulevard, Merrick, NY 11566

**HEALTH CARE • INSURANCE • HOBBIES • TRAVEL • FITNESS
FINANCIAL & ESTATE PLANNING • CAREGIVER SERVICES • MORE**

Hear from the experts with a panel discussion followed by a Q&A. Visit a variety of senior service providers, ask questions about services, learn about programs and recreational opportunities available for seniors.

FAMILIES & CAREGIVERS WELCOME

- ✓ **FREE** Refreshments & Light Bites
- ✓ **FREE** Parking
- ✓ **FREE** Health Screenings
- ✓ **FREE** Hearing Screenings
- ✓ **FREE** 10-Minute Massages
- ✓ Door Prizes & Giveaways
- ✓ Live Entertainment and Games
- ✓ Live Demonstrations (Cooking, exercise, etc)
- ✓ Over 40 Exhibitors & Activities
- ✓ Goody Bags (while supplies last)

GRAND PRIZE

\$500
GIFT CARD

*Winner must be present at time of drawing

CO-SPONSORED BY:



GIFT BAG SPONSOR:



**SPACE IS LIMITED.
REGISTER TODAY!**

TO SPONSOR OR EXHIBIT Contact Amy Amato at
aamato@liherald.com or 516-569-4000 x224

TO RSVP Contact Courtney Myers at
cmyers@liherald.com or 516-569-4000 x347